



DONOR CHAIRPERSON'S GUIDE TO DOUBLE RED CELL DONATIONS

Red blood cells carry oxygen to all parts of the body. Because of this, they are the most frequently used blood component and are needed by every type of patient who requires a transfusion. Patients in the emergency room, accident victims undergoing surgery, those with sickle cell disease, and premature babies all need red blood cells.

You have an opportunity to double your impact at your blood drive and have a greater impact on patients in need by encouraging double red cell donations.

WHY SHOULD I USE DOUBLE RED CELL TECHNOLOGY AT MY DRIVE?

- Allows donors to make twice the difference by giving two units of red cells
- Better meet patient need by maximizing each donation

More comfortable for the donor:

- Saline and plasma replacement
- Single-arm procedure with a smaller needle
- Fewer negative donor reactions

Convenient for the donor:

- Fewer trips to the donor center or blood drive.
- Fewer phone calls.

What are the eligibility requirements?

In addition to meeting other blood donor qualifications, donors must meet minimum height and weight requirements:

	FEMALE	MALE
Minimum Height	5'5"	5'1"
Minimum Weight	150 lbs	130 lbs

Eligible donors who give double red cells exclusively can donate them every 112 days (or 16 weeks), up to three times per year. Your eligibility to give double red cells may differ if you also give other types of blood donations, such as whole blood. Type O negative blood is the universal donor type, and is always in high demand. Types O positive, A negative and B negative are often in demand as well.

Tips for Success

- Educate donors on the benefits of double red cell donation
- Confirm space requirement for double red cell machines prior to drive date
- Notify us 72 hours prior to drive date with the number of double red cell donors signed up to donate

Red cell donations are known as 'double-reds' because twice as many red cells are collected.



YOUR ROLE AS THE DONOR CHAIRPERSON

1. Double your impact at your blood drive by collecting more blood products to help patients in your community
2. Help your donors understand the benefits and need for double red cell donations
3. Schedule donors with O positive, O negative, B negative and A negative in double-red appointment slots

A screenshot of a web-based scheduling interface. At the top, there are two tabs: 'WB - Whole Blood' and '2RBC - Double Red Cells'. Below the tabs, there are two summary rows: 'Total Appointment Slots: 5' and 'Total Appointments: 0'. Below that is a table with two columns: 'Time' and 'Appointment Slots'. The table lists five time slots: 08:05 am, 09:05 am, 10:05 am, 11:05 am, and 12:05 pm, each with a 'Schedule' link.

WB - Whole Blood	2RBC - Double Red Cells
Total Appointment Slots:	5
Total Appointments:	0
Time	Appointment Slots
08:05 am	Schedule
09:05 am	Schedule
10:05 am	Schedule
11:05 am	Schedule
12:05 pm	Schedule

4. Use your printed call list to identify donors who may be eligible for double red donations. Ask those with needed blood types to fill in the appointment slots
5. Ask donors to consider double red cell donation, as they can make twice the difference for patients in need

Thank you for making a connection that will help save lives.

For more information on technology, contact your Michigan Blood account representative.